

ReShape 360 – Before vs After Comparison Report

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Assessment Period: 22 April 2026 → 28 June 2026

Body Composition Comparison

Parameter	Before	After	Change
Weight	96.6 kg	94.4 kg	↓ 2.2 kg
Skeletal Muscle Mass	32.0 kg	29.6 kg	↓ 2.4 kg
Body Fat Mass	39.1 kg	41.3 kg	↑ 2.2 kg
Percent Body Fat	40.5%	43.8%	↑ 3.3%
Visceral Fat Level	20	20	Maintained
InBody Score	51/100	45/100	↓ 6 points

Pulmonary Function Comparison

Parameter	Before	After	Observation
FVC	3.95 L	4.18 L	↑ Improved
FEV1	3.14 L	3.47 L	↑ Improved
FEV1/FVC	79.5%	83.0%	↑ Improved
PEFR	4.58 L/s	6.95 L/s	↑ Markedly Improved
Lung Age	28 yrs	25 yrs	↓ Improved

Spirometry Interpretation

- **Before:** Early Small Airway Obstruction with Mild Obstructive Pattern.
- **After:** Spirometry within normal limits with restoration of normal pulmonary function.

Blood Sugar Comparison

Parameter	Before	After	Observation
Fasting Blood Sugar	80 mg/dL	71 mg/dL	↓ Improved

Lipid Profile Comparison

Parameter	Before	After	Observation
Total Cholesterol	218 mg/dL	192 mg/dL	↓ Improved (Normal)
Triglycerides	135 mg/dL	90 mg/dL	↓ Improved
HDL Cholesterol	52 mg/dL	54 mg/dL	↑ Improved
LDL Cholesterol	139 mg/dL	120 mg/dL	↓ Improved (Still Above Optimal)

Kidney Function Comparison

Parameter	Before	After	Observation
Serum Creatinine	0.99 mg/dL	0.80 mg/dL	Improved
